

OWINGS MARTIAL ARTS

REGIONAL TOURNAMENT

NOVEMBER 21, 2026

STRENGTH
COMES
FROM
WITHIN

STRENGTH

SCHEDULE OF EVENTS

8:00 am Mandatory Black Belt Meeting
8:30 am Bow In / Opening Ceremonies
9:00 am Black Belts will be staged in their rings for the start of opening ceremonies
9:30 am Tigers and Special Abilities begin staging
11:30 am Ages 8 and Under

12:00 pm Ages 9-10 Color Belts begin staging
12:30 pm Ages 11-12 / 13-14 / 15-17 Color Belts begin staging
1:30 pm Ages 18 and Above Adult Color Belts begin staging
All Adult Black Belts / Team Competition will happen throughout the day

Must register at
ATAEZSIGNUP.COM
or with Instructor by
NOVEMBER 18 WED 6 AM PST

- ★ Forms & Sparring
\$50 Other First event \$40
- ★ Additional Events \$20
- ★ Spectator fee \$10,
Convenience fee \$5.
- ★ Onsite registration
additional \$15



**AMERICAN
RIVER COLLEGE**

4700 College Oak Dr.
Sacramento Ca, 95841

**\$2 PARKING FEE
COLLECTED BY COLLEGE**



All staging times are
approximate, will never
start earlier than posted.



To be eligible to compete,
teams must submit
their rosters by
Nov 18 6am pst

SUBMIT ALL ROSTERS TO:
grayson@evolution-ma.com

Hosted By
Sr Master and Mrs. Owings

916-289-9292

owingsmartialarts.com

SPECIAL GUEST: GRAND MASTER JAIME